

Inmate Antoine LeBeau claims two prison officials violated the Fourteenth Amendment to the Federal Constitution by depriving him of liberty interests without due process. Specifically, LeBeau says the two officials barred him from the prison gym and from receiving visitors without due process and without following internal prison procedures.

LeBeau's claims fail because he has no constitutionally protected liberty interest in either gyms or visitors. Liberty interests protected by the Fourteenth Amendment can come from two sources—the Due Process Clause itself and the laws of the states. Internal prison procedures are not laws of the state. They don't create constitutional rights. And when prison officials tell prisoners they can't have visitors and can't go to the gym, they don't deprive them of anything serious enough for the Due Process Clause itself to recognize these things as protected liberty interests. *Santiago v. Commr. of Correction*, 39 Conn. App. 674, 680 (1995). It is neither reasonable nor mandatory for the courts to step in and resolve ordinary complaints about prison protocols. Courts apply the laws. They don't run the prisons.